

# Journaling Activity



Rather than think about a way someone criticized you, take the time to look at how you criticize others.

"Be an encourager! The world has plenty of critics already"

- Unknown -

Think carefully about this because I think we offer up more criticism than we realize -- those subtle little comments or the rolling of eyes or any sentence that starts with, "If it was me ..." Ask yourself this: Who Am I to Criticize?

Time Converse